



Don't just rinse your fingertips...
Wash your hands!

1. Completely wet your hands and wrists under running water.
2. Lather soap on all surfaces for 10 seconds.
3. Rinse hands. Leave the water running and do not touch the sink.
4. Dry hands with paper towel.
5. Use towel to turn off faucet and open door.
6. Dispose of towel.

Hand washing is the single most important procedure
in preventing the spread of infection!

